



In-Store Menu

Use for orders of 7 people or less. See our Catering and Delivery Menu for larger orders

GOURMET SOUPS, SALADS, SANDWICHES AND DESSERTS

Café Zupas Specialty Salads

Large \$6.99 :: Half \$4.99

All Salads include fresh bread and a chocolate-dipped strawberry.

- 1 **Vermont Maple Blueberry**
Blueberries, Apples, Cinnamon Almonds, Blue Cheese, Romaine Lettuce and Maple Vinaigrette Dressing
- 2 **Nuts About Berries**
Fresh Raspberries, Blueberries, Strawberries, Blackberries, Cinnamon Almonds, Romaine Lettuce, and Poppyseed Dressing
- 3 **Mangoberry**
Fresh Strawberries, Blueberries, Mango, Cinnamon Almonds, Mixed Greens with a Mango Yogurt Dressing
- 4 **Red Raspberry Spinach Salad**
Grapes, Pistachios, Dried Cranberries, Pears, Blue Cheese, Baby Spinach, and Red Raspberry Vinaigrette Dressing
- 5 **Summer Chicken Salad**
Chicken, Fresh Strawberries, Cashews, Dried Cranberries, Grapes, Mixed Greens, and Strawberry Vinaigrette Dressing (also great with our Fat-Free Raspberry Vinaigrette)
- 6 **Piña Colada Chicken**
Chicken, Pineapple, Mandarin Oranges, Coconut, Macadamia Nuts, Romaine Lettuce, and Piña Colada Dressing
- 7 **BBQ Chicken**
Chicken, BBQ Sauce, Tomatoes, Black Beans, Corn, Black Olives, Red Onions, Tortilla Strips, Mixed Greens, and Ranch Dressing
- 8 **Yucatan Chipotle Chicken**
Chicken, Diced Tomatoes, Black Olives, Tortilla Strips, Guacamole, Black Beans, Cheddar Cheese, Romaine Lettuce, and Chipotle Ranch Dressing
- 9 **Chicken Chop Salad**
Chicken, Bacon, Eggs, Tomatoes, Croutons, Black Olives, Iceberg Lettuce, and Chunky Blue Cheese or Ranch Dressing
- 10 **Roasted Red Pepper and Asiago Chicken Caesar**
Chicken, Roasted Red Peppers, Croutons, Asiago Cheese, Romaine Lettuce, and Asiago Caesar Dressing
- 11 **Shanghai Chicken**
Chicken, Mandarin Oranges, Cashews, Sesame Seeds, Carrots, Bell Peppers, Wonton Strips, Romaine Lettuce, and Sesame Ginger Dressing (also great with our Fat-Free Sesame Ginger Dressing)
- 12 **Thai Peanut Chicken**
Chicken, Thai Peanut Sauce, Bell Peppers, Red Onions, Peanuts, Wonton Strips, Iceberg Lettuce, and Sesame Ginger Dressing
*Add Extra Meat for \$1.49 :: Add Extra Ingredients for \$.59 each

Create Your Own Salad

Large \$6.99 :: Half \$4.99

All Salads include fresh bread and a chocolate-dipped strawberry.

- 1 **Pick Your Greens**
Iceberg Lettuce, Mixed Greens, Chopped Romaine, Baby Spinach
- 2 **Pick Your Dressing**
Poppyseed, Red Raspberry Vinaigrette, Strawberry Vinaigrette, Maple Vinaigrette, Piña Colada, Buttermilk Ranch, Asiago Caesar, Chunky Blue Cheese, Chipotle Ranch, Sesame Ginger
- Low Fat Dressings** :: Fat-Free Sesame Ginger, Fat-Free Raspberry Vinaigrette, Low-Fat Ranch, Low-Fat Honey Mustard
- 3 **Pick Your Meat/Protein***
Diced Chicken, Ham, Bacon, Guacamole, Tofu, Eggs
- 4 **Pick any FOUR of the Following Ingredients**
Vegetables :: Cucumbers, Red Onions, Sprouts, Carrots, Peas, Diced Tomatoes, Bell Peppers, Roasted Red Peppers, Corn, Mushrooms, Black Olives, Celery, Black Beans
Fruits :: Diced Apples, Mandarin Oranges, Dried Cranberries, Grapes, Pineapple, Pears, Strawberries
Cheeses :: Blue Cheese, Feta Cheese, Cheddar Cheese, Asiago Cheese
Nuts :: Cinnamon Almonds, Slivered Almonds, Sunflower Seeds, Cashews, Peanuts, Pistachios, Macadamia Nuts
Toppings :: Croutons, Shredded Coconut, Tortilla Strips, Wonton Strips
*Add Extra Meat for \$1.49 :: Add Extra Ingredients for \$.59 each
**Substitute any two ingredients instead of meat/protein

Try 2 Combo

Choose any 2 of the following for only \$7.99:

Panini Sandwich * Half Soup * Half Salad

- Soup and Salad
- Salad and Sandwich
- Soup and Sandwich

Kid's Meal Combo

Choose any 2 of the following: (10 Years and Under)

- Grilled Cheese Sandwich
- Chicken Strip
- Fruit Cup
- Small Cup of Soup

Also comes with bread OR a chocolate-dipped strawberry, and a small drink for \$3.99

Home-Made Soups

Large \$5.99 :: Half \$3.99

All Soups include fresh bread and a chocolate-dipped strawberry.

- 1 **Tomato Basil with Orzo Pasta** :: Forget the tomato soup from a can!—One taste of this and you'll be a true tomato soup aficionado (Try it with or without pasta).
- 2 **Thai Lobster Curry** :: A unique combination of real lobster meat, Thai spices, and coconut milk give this soup its deliciously exotic taste.
- 3 **New England Clam Chowder** :: An American classic done just the way it should be.
- 4 **Wild Mushroom Bisque** :: The perfect mix of Shitake, Crimini, and Button mushrooms.
- 5 **Wisconsin Cauliflower** :: Cheddar and Pepperjack cheeses give this soup its deliciously tangy flavor and velvety smooth texture.
- 6 **Lobster Bisque** :: This deliciously decadent soup will make you feel like you're in a 5-Star restaurant.
- 7 **Yucatan Chicken Tortilla** :: Loaded with chicken, avocado, tomato, corn and topped with tortilla strips—Great with a squeeze of fresh lime!
- 8 **Shrimp and Sausage Gumbo** :: A Southern institution you'll love no matter where you're from.
- 9 **Chicken Enchilada Chili** :: Made with red and green enchilada sauces—You've never tried a chili like this before!
- 10 **Tuscan White Bean and Vegetable** :: A light, vegetarian soup loaded with lots of vegetables and delicious white beans.
 Vegetarian

Drink Bar

19 Different kinds of Soda and Crystal Light \$1.69 with free refills
Bottled Water \$1.49 :: Bottled Drinks \$1.79

Chocolate Obsession

Our Famous Chocolate Fondue \$9.99 (serves 2-3)

Strawberries, Bananas, Brownies, Marshmallows and lots of delicious Melted Belgian Chocolate

Chocolate-Dipped Strawberries \$8.99

Delivery & Catering Available
See our "Delivery and Catering Menu" for details

Grilled Panini Sandwiches

\$4.99

All sandwiches are grilled to perfection "Panini Style" on Italian Ciabatta bread and come with a chocolate-dipped strawberry.

- 1 **Turkey Cranberry** *
Turkey, Cranberry Sauce, Sprouts, Muenster Cheese, and Honey Mustard
- 2 **Honey Bacon Club** *
Turkey, Bacon, Ham, Tomatoes, Muenster Cheese, and Honey Mustard
- 3 **Milano** *
Ham, Tomatoes, Muenster Cheese, and Pesto Spread
- 4 **Boston Crab Melt** *
Crab Salad, Celery, Onions, and Muenster Cheese
- 5 **Hawaiian Barbeque Chicken**
Barbeque Chicken, Sliced Pineapple, and Muenster Cheese
- 6 **Ultimate Grilled Cheese**
Cheddar Cheese, Muenster Cheese, Tomatoes, and Pesto Spread
- 7 **California Turkey** *
Turkey, Avocado, Tomatoes, Sprouts, Ranch Dressing, and Muenster Cheese
- 8 **Turkey Bacon Avocado** *
Turkey, Bacon, Avocado, Tomatoes, Muenster Cheese, and Honey Mustard
- 9 **Turkey Spinach Artichoke**
Turkey, Spinach Artichoke Spread, Muenster Cheese, Tomatoes, and Pesto Spread
* Also great cold



Delivery & Catering

Call us for your next event!
We do the work. You take the credit.